



## ywca peoria Run for EverYWoman

Saturday, September 8, 2007

8:00 am

Race Day Registration Opens at 6:45 am

### ALL women's events for ALL women!

- 5K (3.1 miles) Competitive Run sanctioned by the Illinois Valley Striders
- One Mile Fitness Walk

Neighborhood course begins in front of Lakeview Museum, crosses Lake Avenue into the Stratford Aire subdivision, and ends in Lakeview Park.

Parking available onsite, at Evergreen Square, and at Sheridan Village

eliminating racism  
empowering women  
**ywca**

### entry fee

\$20 Early Registration (by 8/25/2007)

\$25 (after 8/25/2007)

### register online at:

[www.getmeregistered.com](http://www.getmeregistered.com)

### entry fee includes:

- Event T-Shirt
- Delicious Refreshments
- Awards
- Entertainment & Goody Bags
- A free plunge in the ywca's indoor, multi-temperature pool - after the Run or whenever you choose!
- Locker Rooms & Showers Available

### packet pick up

- Friday, September 7  
12:00 noon - 6:00 pm

At the ywca, 1013 W. Lake Avenue,  
in Lakeview Park, Peoria

### race day registration

- Saturday, September 8  
6:45 - 7:45 am

### age divisions (5K Run)

18 and under	45 - 49
19 - 24	50 - 54
25 - 29	55 - 59
30 - 34	60 - 65
35 - 39	66 and over
40 - 44	

### awards presented to:

- the top three finishers in each age division
- the top finisher overall
- the top Masters finisher (over the age of 40)

## Thank You to Our Sponsors:

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Carpenters Local #183



**National City**®

silver sponsors

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West Peoria  
Market

VONACHEN, LAWLESS,  
TRAGER & SLEVIN

**Scissors for Hair**



**Ron's  
Carpets**



NATIONAL ASSOCIATION OF  
WOMEN BUSINESS OWNERS

in-kind sponsors

*Maui Jim*



## Run for EverYWoman Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Age as of 9/8/07 \_\_\_\_\_

**Event** (Please check one)

- 5K Run  
 One Mile Fitness Walk

**T-Shirt Size** (Please check one)

- Child  Medium    Adult  Small  
 Large                       Medium  
    Large  
    XL  
    2XL (\$1.50 extra)  
    3XL (\$2.00 extra)

**Payment enclosed**

- \$20 Early Registration (by 8/25/07)  
 \$25 (after 8/25/07)

I am in good health and I know of no physical condition that would prohibit participation in the **ywca** Run/Walk. I recognize and acknowledge that there are certain risks relating to running and walking. I (a) consent to emergency medical care provided by ambulance or hospital personnel in the event of any injuries; (b) I agree to assume the full risk of any and all injuries arising from or relating to participation in the **ywca** Run/Walk, and hereby fully release, discharge, hold harmless and waive any and all claims against the **ywca** Peoria, the Peoria Park District and the Illinois Valley Striders and their directors, officers, agents, servants, volunteers and employees as a result of such injuries and their treatment. I understand "injuries" encompasses without limit all physical, emotional and pecuniary damages.

Signature \_\_\_\_\_  
(parent/guardian if under age 18)

Date \_\_\_\_\_

**Return form with payment to:** ywca peoria,  
1013 W. Lake Avenue, Peoria, IL 61614

**ywca peoria**  
1013 W. Lake Avenue  
Peoria, IL 61614

## All Women's Competitive 5K Run One Mile Fitness Walk to benefit the **ywca peoria**



**Saturday, September 8, 2007**  
**Lakeview Park, Peoria**  
**8:00 am**

*Featuring a beautiful  
neighborhood course!*

**Premium  
Sponsor** *Curves*<sup>®</sup>

**Presenting  
Sponsor** **AMERICAN FAMILY  
INSURANCE**

eliminating racism  
empowering women  
**ywca**